

*The  
Bridal Walk*

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"All the way to Heaven is Heaven,  
because He said, "I am the Way."  
Saint Catherine of Siena

The journey to heaven is a Bridal Walk to a Royal Wedding. With the image of the Infant Mary on the day of her Presentation in the Temple before you - this is how you will live your life from now on - as a Bride on the Bridal Walk...



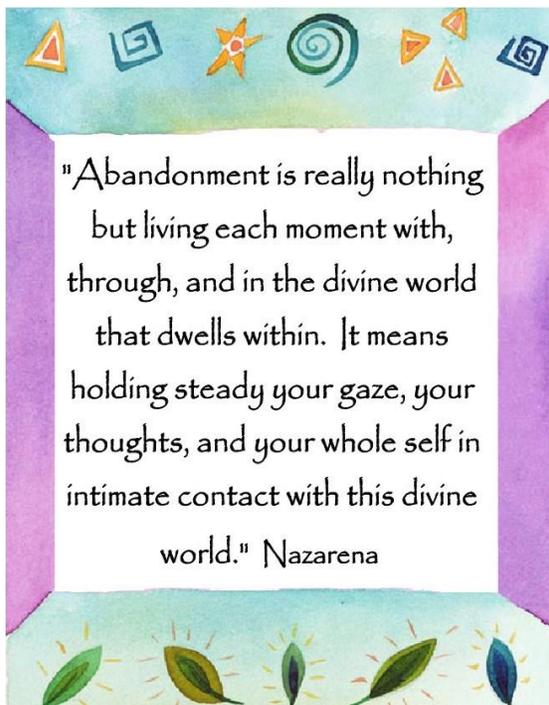
...with your eyes on the prize, fixed upon your Divine Bridegroom;

...surrendering everything in the present moment to Him, in an oblation of self-donation, while singing the refrain of your heart, "With my body I Thee worship, and with all the goods of my heart I Thee endow;"

...letting go of every passion in order to cleave to the "'One Thing' that is necessary; " (Luke 10:42)

...in order, even now on earth as it will one day be in heaven, to belong entirely to Him, to be possessed by Him; thus making Him incarnate in all your being and doing.

You are now His Bride Theophania - "Manifestation of GOD".



This daily communion of being and doing with JESUS, within the bride-chamber of your heart, is learned first through the practice of habitual vocal prayers and acts of recollection.

**But ultimately it is accomplished simply through love.**

Frequent **Spiritual Visits** will train you in the habitual "practice of the presence of GOD" that leads to a perpetual communion of love - being loved by Him, loving Him, abiding in love.

For, **"The soul lives where it loves."** Saint John of the Cross

So begin by simply "BEING" with JESUS for a few moments at the Canonical Hours \* until you come to abide in Him every moment of every hour, into eternity.

Place the following icon of The Two Hearts where you can see it as you go about your day - to remind you to keep the gaze of your heart turned toward the One you love.

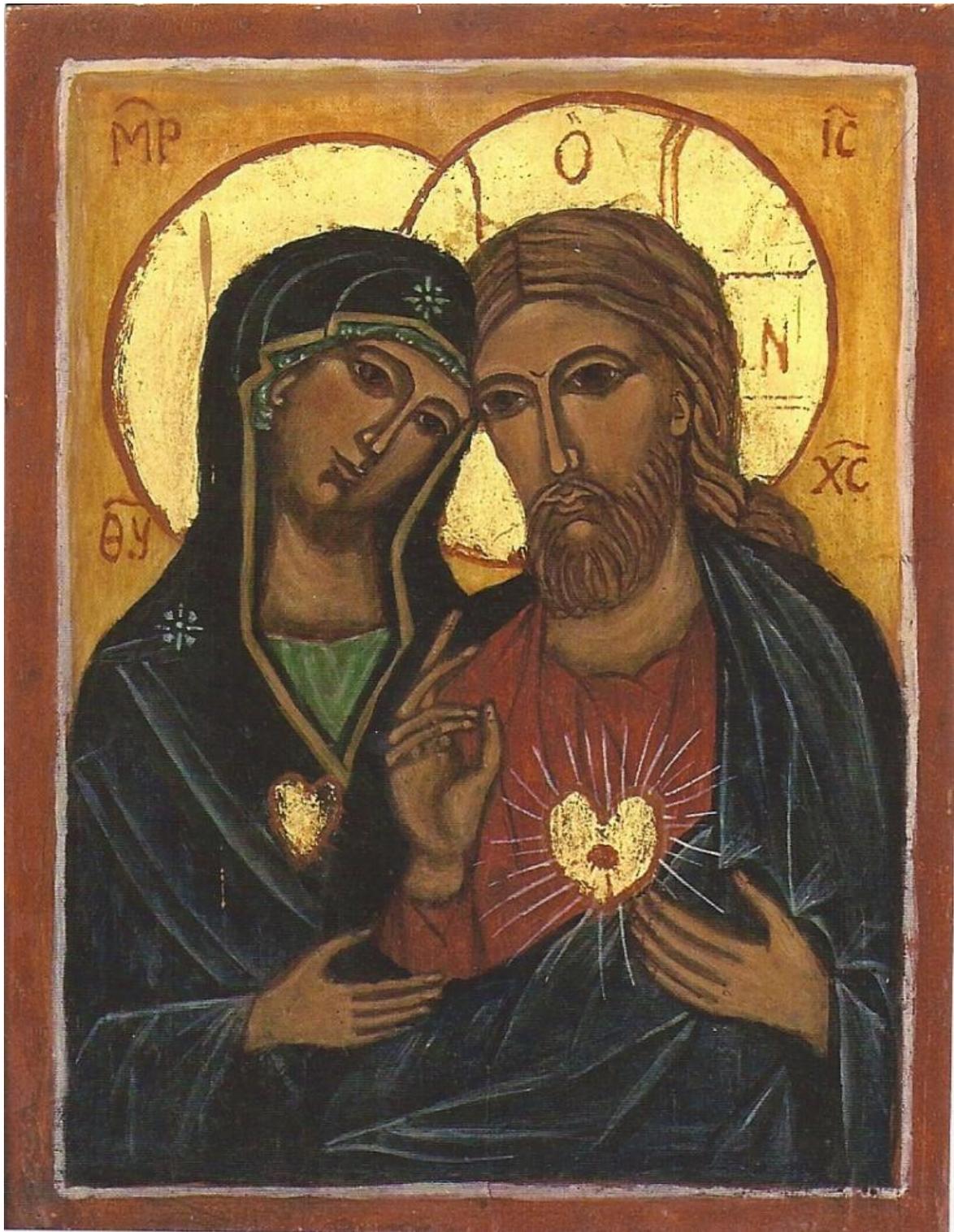
Then simply talk to JESUS - heart to heart - as you go about your day.

**" Talk to Me. For Me there is no sweeter prayer."** JESUS: He & I

" I am with you always and everywhere. Near to my Heart fear nothing...Know that my eyes follow every move of your heart with great attention... Speak to me about everything in a completely simple and human way; by this you will give me great joy...

This simple language of your heart is more pleasing to me than the hymns composed in my honor. Know...that the simpler your speech is, the more you attract me to yourself. And now, be at peace close to my Heart." JESUS to Saint Faustina Diary #797

\* The Canonical Hours: Matins:12am Lauds:3am Prime:6am  
Terce:9am Sext:12pm None:3pm Vespers:6pm Compline:9pm



“This is what our LORD asks of you...

To be content to live with Him without anxiety, without any strain after perfection.

Rest content with the knowledge that He in His own Person, with the Father and the Holy Spirit, is in your soul, substantially, really, literally; that He does everything you do with you, from the humblest duties to the highest.

Your whole devotional life should consist in this companionship, accepted without ceremony, without intellectual or emotional effort, simply possessed and enjoyed, in perfect calmness and tranquility.

You are to say nothing to our LORD except that which comes of itself, and that in the most homely words. Never stop for a moment to ask whether or why you are worthy of this simple companionship on such a footing. Simply practice it; that is all.

As for the other things, such as acts of external devotion, they are only patterns, superimposed on this simple friendship. They should neither ruffle nor disturb its inward life.”

Abbe de Tourville - Letters of Direction

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